



Hartshill Academy
The best in everyone™
Part of United Learning



Free Parent Workshop

UNDERSTANDING YOUR TEENAGER

Hosted by Warwickshire Families First

Thursday 19th March 2026

9:30am-11:30am

Hartshill Academy



What to expect during the teen phase

The teenage brain changes

Hormones and puberty

Understanding your teens behaviour and
communication

The teenage years can be challenging for everyone, let us
try and help!

SIGN UP NOW!

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Or Email

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